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THE TECHNOLOGICAL PROSPECTS FOR OSCILLATING-WING  
PROPULSION OF ULTRALIGHT GLIDERS

by

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# THE TECHNOLOGICAL PROSPECTS FOR OSCILLATING-WING PROPULSION OF ULTRALIGHT GLIDERS

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## Abstract

The subject of the consideration are basic mechanical and aerodynamical problems of oscillating-wing propulsion for a man-powered hang glider. This propulsion requires elastic suspension of the pilot. The drive is transmitted from the pilot's legs to a stiff-wing structure by a trapeze device. This simple type of propulsion may reach extreme efficiency if appropriate longitudinal control has been provided. Translational-motion oscillating wings are shown to be of many advantages as compared with swinging bird-like wings. The soundness of the explained idea of propulsion has been confirmed by morphology analysis and value engineering.

## Nomenclature

A - aspect ratio  
 $A_i$  - initial aspect ratio  
 $C_D$  - drag coefficient of glider-pilot system  
 $C_{De}$  - drag coefficient of the elastic suspension  
 $C_{Df}$  - friction drag coefficient of the glider  
 $C_{Dg}$  - drag coefficient of the glider  
 $C_{Di}$  - induced drag coefficient of the glider  
 $C_{Dp}$  - drag coefficient of pilot's body  
 $C_{Ds}$  - drag coefficient of glider skeleton  
 $C_L$  - lift coefficient  
 $C_T$  - thrust coefficient of the wing  
D - drag of the glider-pilot system  
 $F_a$  - total aerodynamic force  
 $F_t$  - thrust in flight direction  
 $F_y$  - vertical aerodynamic force  
 $F_x$  - horizontal aerodynamic force  
g - acceleration due to gravity  
H - elongation of the elastic suspension  
 $H_s$  - static elongation of the elastic suspension  
h - amplitude  
i - number of parallel springs; integer  
K - elastic suspension; its constant  
k - constant of single spring  
 $k_s$  - substitute spring constant  
L - lift  
 $L_p$  - mean lift in wing propelled flight  
l - flight trajectory; its length per one cycle

$(L/D)_{ef}$  - effective lift/drag in powered flight  
 $(L/D)_p$  - average lift/drag of the oscillating pilot-glider system for propulsion  
 $(L/D)_g$  - lift/drag for the glider  
n - load factor of the wing  
P - power of propulsion  
S - wing area  
 $S_e$  - frontal area of the elastic suspension  
 $S_p$  - frontal area of pilot's body  
 $S_s$  - frontal area of the skeleton  
 $S_{si}$  - initial frontal area of the skeleton  
T - tension force of single spring  
t - time  
 $t_f$  - forced oscillation period  
 $t_n$  - natural oscillation period  
 $t_p$  - powered cycle period  
 $t_r$  - real oscillation period  
 $t_u$  - unpowered cycle period  
W - weight  
 $\Delta W_2$  - apparent weight increment of the wing  
 $\Delta w$  - sink velocity decrease  
v - flight velocity  
Z - driving force produced by the pilot  
 $\alpha$  - incidence angle of the wing  
 $\beta$  - pitch angle of the wing  
 $\gamma$  - specific weight of the air  
 $\eta$  - overall wing propulsion efficiency  
 $\eta_k$  - kinematic efficiency of wing propulsion  
 $\eta_m$  - mechanical efficiency of wing propulsion  
 $\zeta$  - vertical coordinate  
 $\xi$  - horizontal coordinate  
1 - subscript, concerning the pilot  
2 - subscript, concerning the glider

## I. Introduction

Wing propulsion of a flying device particularly with the use of human muscles has for very long been of interest to some minds. As an example showing that the problem is still topical let us mention the recent paper of Upenieks<sup>1</sup> suggesting such a propulsion for a hang glider. However, more detailed analysis shows that Upenieks'

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ideas give rise to a number of doubts as to whether the general direction of the efforts hitherto made, with swinging bird-like wings, is correct and whether it is the only possible. The main purpose of the present paper is to give an answer to these questions and to consider a practical alternative.

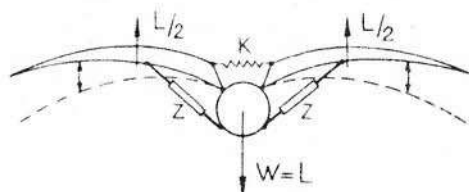


Fig.1 Principle of ornithopter propulsion

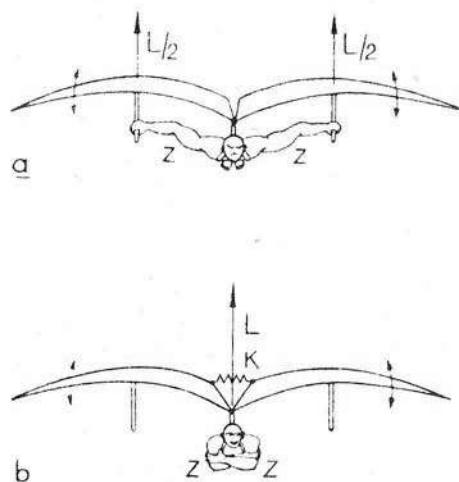


Fig.2 Illustration of the necessity of using an elastic element K relieving the muscles from performing excessive bio-mechanical work: a- non relieved bird-like system according to the conception of Leonardo da Vinci, b- a relieved system realized, for instance in a glider by A.M.Lippisch<sup>2</sup>

The reasonable efforts hitherto made to realize wing propulsion, according to Lippisch<sup>2</sup>, for instance, take as a basis the system shown in

Fig.1. In this system the wings are hinged to the body in which most of the mass  $W/g$  of the system is concentrated. Relatively light wings are moved in an oscillating manner by human muscles or, generally by jacks  $Z$ . In order to relieve the muscles, which are not adapted for a long static effort, from the task of counterbalancing the entire lift  $L/2$  of the single wing and from the performing the excessive work, as is demonstrated in Fig.2, it is necessary that the wings should be mounted in an elastic manner by means of an elastic element  $K$ . Such a scheme requires in addition, for propelling purposes, that the aerodynamic force passing through the aerodynamic centre of the wing should twist the wing during the working stroke. The aim of this deformation, automatic or controlled, is to realize periodic variation of the pitch angle of the wing, thus producing a thrust component.

## II. The Idea of Oscillating Wing Propulsion

The above arrangement imitates awkwardly the complicated but fully controlled motion of bird wings. However, methods of value analysis<sup>3</sup> and morphological analysis<sup>4</sup> show that close technical imitation is incorrect and not justified. It is incorrect, because the functions of birds' wings are, from the point of view of value analysis, multiple, the basic-functions being to make the animal survive and protect it, therefore they are completely different from those of mechanical wings, which are to produce effective lift and thrust. In addition close imitation is not justified, because the swinging motion of bird's wings is merely a consequence of the origin of the wings from the swinging limbs of Triassic quadruped reptiles, there being no reason for technical imitation of a consequence of this circumstance. Indeed, morphological considerations summarized in Fig.3 show that in addition to the circular motion of the lifting surfaces /helicopters/ and a cylindrical motion /Rohrbach's rotocopter/ or the swinging motion /ornithopter/ there is a possibility of reciprocating translational motion of the lifting surfaces, investigated first by Reifensstein<sup>5</sup> and analysed theoretically by Schmeidler<sup>6</sup>.

This way of thinking leads us, as a result of forecasting based on the value analysis of the

		Type of motion of the lifting surfaces			
		Circular	Cylindrical	Swinging	Translational
Flight velocity m/sec	0-5	.	.	Insects and very small birds with wings vibrating at high frequency	There exist no NEW SOLUTION enabling static thrust
	5-20	Helicopters	Rotopters /e.g. unrealized Rohrbach's concept/	Birds and ornithopters with non relieved wings. Ornithopters with relieved wings performing swinging oscillations	The NEW SOLUTION with relieved wings performing translatory oscillations /the most simple is a hang glider considered/
	20-100	.	.	Reinforced rigid ornithopter /very difficult to realize/	No NEW SOLUTION
	100-200	.	.	.	.

Fig.3 Morphological box for propulsion systems by means of the lifting surfaces

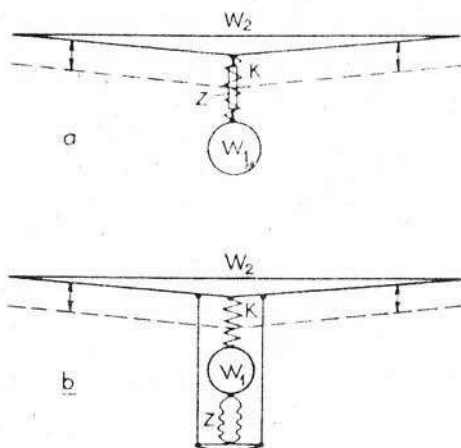


Fig. 4 Principle of propulsion by means of a wing performing translational oscillations: a- with tensioned jack Z, b- with compressed jack Z

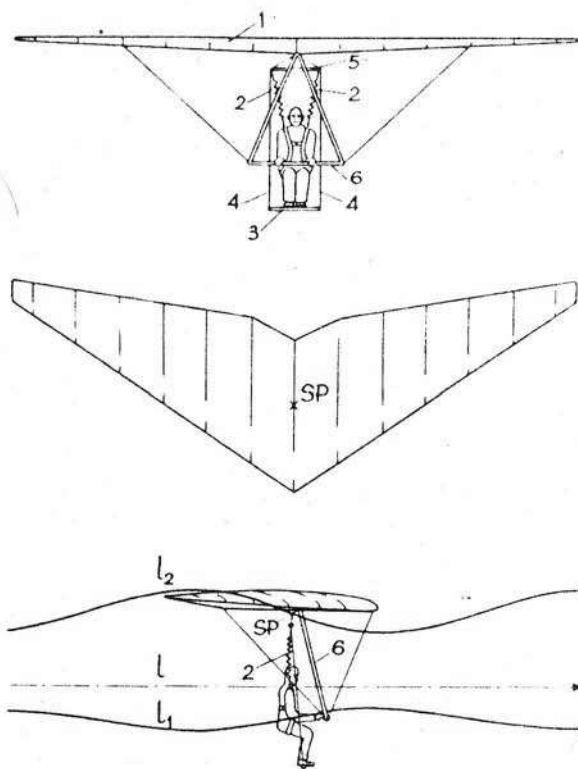


Fig. 5 A relieved system with wings performing translational oscillation as applied to a hang glider: 1- wing, 2- springs, 3- transverse member of the trapeze, 4- cables of the trapeze, 5- spacer bar, 6- control bar, SP- suspension point of the pilot,  $l_1$ ,  $l_2$ - trajectories of the system, the operator and the glider, respectively

arrangement shown in Fig. 1 and the morphological approach, to the scheme as shown in Figs. 4a and 4b. In this system the mass  $W_2/g$  of the wings and the remaining mass  $W_1/g$  joined by a spring  $K$  perform reciprocating strokes, thus oscillating in a direction normal to that of flight. The device of Fig. 4b, with a trapeze and a compression jack Z /the jack in Fig. 4a working in tension/

is well adapted for a hang glider, in which the task of the power jack may be done by pilot's legs. An example of design of a man-powered hang glider with oscillating wings is shown in Fig. 5. This design differs generally from the scheme considered by Smith<sup>7</sup> by application of elastic suspension of the pilot. The main purpose of elastic suspension for the hang glider pilots is to eliminate considerable and uneffective bio-mechanical work of the excessively stressed muscles of the operator.

### III. Oscillation of the Pilot-Glider System

The problem of oscillation of the pilot-glider system is fundamental for the analysis of the oscillating-wing propulsion of a glider. This system being composed of two masses: the pilot  $W_1/g$  and the glider  $W_2/g$ , we can assume in the first stage of analysis perfectly and elastically suspended in air /Fig. 6a/ with a constant vertical aerodynamic force  $F_z$ . For such a model the solution of the differential equations of vibrating motion leads us to the following formula for the period of natural harmonic and synchronous oscillation of the two masses

$$t_n = 2\pi \left[ \frac{W_1}{igk} \frac{1}{1 + W_1/W_2} \right]^{1/2} \quad /1/$$

where  $ik = K = dT/dH = \text{const}$ . This oscillation and the corresponding amplitudes  $h_1$  and  $h_2$  are shown in function of time in Fig. 6a. A more complicated model, approaching better the reality is shown in Fig. 6b. It differs from the former by the presence of an excitation force  $Z$  and a variable vertical aerodynamic force  $F_z$ . These forces are functions of the relative displacement  $H$  of the two masses  $W_1/g$  and  $W_2/g$  or the time  $t$  and their variation which is synchronous with the oscillation of the system will also influence the oscillation period.

For accurate mathematical description of the real oscillation it would therefore be necessary to know or to prescribe the form of these functions, which is premature in the present state of knowledge of oscillating wing propulsion and exceeds the scope of the present paper. We shall confine us, therefore, to an analysis of the influence of the forces  $Z$  and  $F_z$  on the oscillation period  $t_n$  on the basis of the relation /1/.

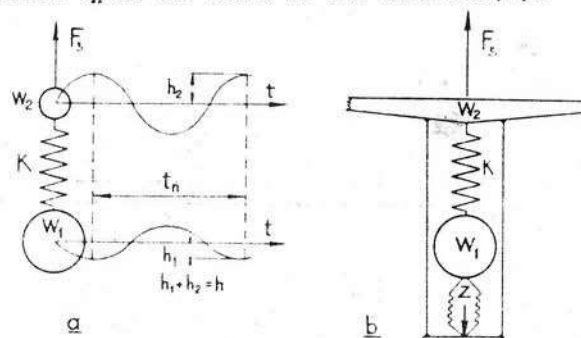


Fig. 6 Theoretical models of a system with wings performing translational oscillations: a- simplified model constituting two weights  $W_1$  and  $W_2$  jointed by spring  $K$ , b- model of a real pilot-glider system



The force  $Z$  is a variable force exerted periodically by operator's muscles during successive half-periods of oscillation of the system. This force may be applied by the operator in various manners, a more detailed analysis of which is a matter of anatomy and physiology. In our simple considerations it will be most convenient to assume that it is proportional to the elongation of the spring. Such an assumption enables us to express it in terms of a substitute constant  $k_s = dZ/dh = \text{const.}$  which may be added to the constant  $k$  in the Eq./1/. It follows immediately that an increase in  $Z$  and, as a consequence,  $k_s$ , reduces the propulsion half-period. Thus, the Eq./1/ may be written in a more general form, determining the frequency of forced oscillation  $t_f$ , in the case of  $F_z = \text{const.}$

$$t_f = 2\pi \left[ \frac{W_1}{ig(k+k_s)} \frac{1}{1+W_1/W_2} \right]^{1/2} \quad /2/$$

If we are concerned with the influence of the variation of the external force  $F_z$  acting on the system, the problem is more difficult for quantitative analysis. Let us observe, however, that an increase in the force  $F_z$ , caused by a variation in an appropriate manner of the angle of incidence during the period of relative approach of the weights  $W_1$  and  $W_2$ , will produce the same effect as would be obtained by an increase in inertia of the weight  $W_2$  that is an increase in its weight by an apparent value  $\Delta W_2$ .

From the Eqs./2/ and /1/ it follows, therefore, that an increase in the force  $F_z$ , that is an increase in  $W_2$  by  $\Delta W_2$  will prolong the period  $t_f$ . Conversely, a decrease in  $F_z$  below its conventional value,  $W = W_1 + W_2$ , for instance, will give a negative  $\Delta W_2$  and a reduced period  $t_f$ .

There are two inferences from the above remarks.

1. The oscillation of the pilot-glider system will be asymmetric in general, that is the propulsion half-period will differ from the idling half-period.
2. The oscillation will be aperiodic if the operator does not exert an exactly periodic force and if he does not perform an exactly periodic control of the incidence angle.

The method for determining  $k_s$  and the optimum elastic properties of the suspension system of the operator and the method for determining the variability range of the oscillation frequency and its asymmetry can be best illustrated by numerical data. The values assumed for computation have the character of an example and may not be optimum because they have not been the object of more detailed analysis.

The numerical value of the period must be assumed as fundamental. This follows from the fact that, for physiological reasons, there is a definite frequency of bending of knees and hips, for which maximum power is obtained with minimum fatigue. The elastic properties of the system must be adjusted to this frequency. It may be assumed that this optimum frequency corresponds, similarly to the case of a cyclist, to  $t_n = 1 \text{ sec.}$  Next, we must fix the expected weights of the system  $W_1 = 80 \text{ kg}$  and  $W_2 = 13.5 \text{ kg}$ , for instance, and use these data to compute from the relation /1/, the

constant  $k$  of a single spring of the suspension system which have  $i = 2$ , for instance, as in Fig.5. Assuming, for simplicity, parallel springs we obtain

$$k = \frac{1}{2} \left( \frac{2\pi}{t_n} \right)^2 \frac{W_1/c}{1+W_1/W_2} = \frac{1}{2} \left( \frac{2\pi}{1} \right)^2 \frac{80/9.81}{1+80/13.5} = 23 \text{ kg/m}$$

This means that the lower ends of the springs /which are linear/ will oscillate about the static equilibrium position  $H_s$  at a frequency of  $1/t_n$  and an amplitude  $h = h_1 + h_2$ , which should be confined, for ergonomy reasons, to a range of about 0.3 m.

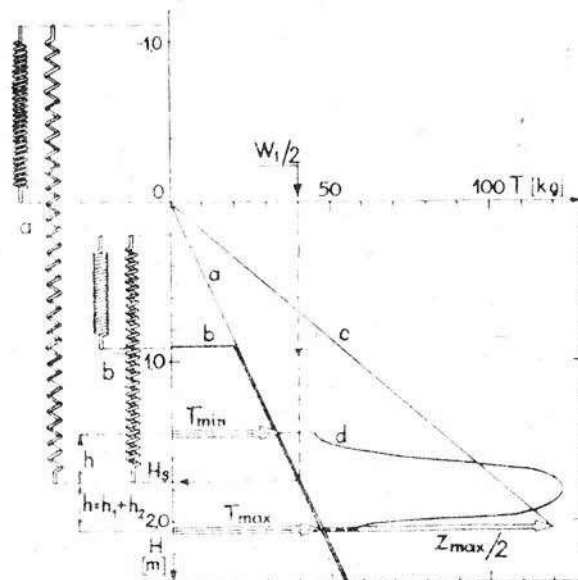


Fig.7 Confrontation of the properties of the suspension spring non-pretensioned a and pretensioned b and representation of the substitute characteristic c of the real characteristic d for the force  $Z$  exerted by the feet on the trapeze.

It should also be observed that, for the obtainment of the above values of  $t_n$  and  $k$  for a length of the elongated spring not greater than about 1.5 m, the coils of the spring must be pressed together in the undeformed state with considerable initial tension. Such a spring is represented in Fig.7b showing also its characteristic b, from which it follows that the initial pressure between coils, produced by initial torsion of the wire during the winding process of the spring should be, in the case considered, about 20 kg. Application of a spring made of non twisted wire would lead to too long a spring an example of which is represented in Fig.7a. The vertical scale of lengths shown in that figure enables us to see that the length of such a spring would amount, in the loaded state, to 2.8 m. This length is unacceptable, in view of the possibility of accommodation within the glider structure, which is of limited dimensions.

Turning now to the problem of frequency variation range, we must next determine  $k_s$ . To this end we must determine the mean value of the force  $Z$  for the expected values of  $t_p$  and  $h$  and the maximum short-duration power produced by human muscles, which is about  $P_{\max} = 1 \text{ HP.}$

Since

$$P = \frac{2hZ}{75 t_p} \quad /3/$$

therefore

$$Z = \frac{75 P_{\max} t_p}{2 h} = \frac{75 \cdot 1 \cdot 1}{2 \cdot 0.3} = 125 \text{ kg}$$

which seems to be realizable by an operator of average athletic condition for a period of a few seconds and for a few working impulses of the muscles of the operator's legs.

By considering the diagram of Fig. 7 showing the action of the force  $Z_{\max}/i$  and by drawing its linear characteristic  $c$ , constituting an approximation to the real characteristic  $d$ , we can write the relation

$$\frac{Z_{\max}/i}{k_s} = \frac{T_{\max}}{k} \quad /4/$$

and hence, for the values  $Z_{\max}$  and  $T_{\max}$  as read from the diagram of Fig. 7, the substitute spring constant

$$k_s = k \frac{Z_{\max}/i}{T_{\max}} = 23 \frac{72.5}{47.5} = 35 \text{ kg/m}$$

To determine the variability range of the oscillation period it is also necessary to know the values of the vertical aerodynamic force acting on the wing. The vertical force  $F_Z$  is a variable aerodynamic force, the lowest value of which, in propelled flight now considered, is equal to

$$F_{Z\min} = i T_{\min} + W_2 \quad /5/$$

$$= 2 \cdot 32.5 + 13.5 = 78.5$$

where  $T_{\min}$  is the force of a single spring under minimum tension.

The highest possible value of  $F_Z$  depends in turn on the excess of  $C_L$  which may be made use of by the operator under particular conditions of control of the incidence angle. Assuming that  $C_{L\max}/C_L = 2.5$ , we find

$$F_{Z\max} = (W_1 + W_2) C_{L\max}/C_L = \quad /6/$$

$$= (80 + 13.5) 2.5 = 234 \text{ kg}$$

when the normal force in glide being

$$F_Z = W_1 + W_2 = 80 + 13.5 = 93.5 \text{ kg} \quad /7/$$

Knowing the above values we can proceed to evaluate the oscillation periods and their variability range. The natural frequency for  $F_Z = \text{const.}$  and  $Z = 0$  is, according to the assumption and Eq. 1/,  $t_n = 1 \text{ sec}$  as in the case a, Fig. 6.

This period is at the same time the period of the propulsion stroke for the particular conditions of  $F_Z - iT + W_2 = Z$ , that is if the propelling force  $Z$  is immediately equilibrated by an increase in the force  $F_Z$  above the value  $iT + W_2$  for natural oscillation. This is possible in practice with a very accurate and careful control of the inclination angle of the glider. A drawback of such a control is the occurrence of overloads on the structure, which means non-optimum operating conditions of the wing under variable lift.

In agreement with the relation 2/ a much

shorter vibration period is obtained if the propelling stroke is performed according to the rule  $F_Z = \text{const.}$  for  $Z > 0$ . Then we have

$$t_f = 2\pi \left[ \frac{80}{2 \cdot 9.81 / 23 + 35} + \frac{1}{1 + 80 / 13.5} \right]^{1/2} = 0.63 \text{ sec}$$

which requires also a very accurate control by varying the inclination angle of the glider, but in a broader range of angles than before. An advantage of such a control is that there are no overloads on the wing, which can operate under constant conditions at maximum lift/drag ratio and a constant load.

The calculated values of  $t_n$ ,  $t_f$  and  $F_Z$  enable appropriate determination of the propulsion period  $t_p$  for various propulsion ways, with different values of  $F_Z$ , by linear interpolation or extrapolation according to the relation.

$$t_p = t_f + \frac{F_Z - W}{Z} / t_n - t_f / \quad /8/$$

This relation enables us to avoid complicated analysis, which may require the determination of  $\Delta W_2$ , and to determine the oscillation period for intermediate ways of control and also to obtain  $t_{p\max}$  for  $F_Z - W > Z$  and  $t_{p\min}$  for  $F_Z - W < 0$  which determines the maximum possible variability range of  $t_n$ . In the numerical example considered we have  $t_{p\max} = 1.05 \text{ sec}$ ,  $t_{p\min} = 0.56 \text{ sec}$ .

If we are concerned with  $t_u$ , for the idling stroke, it is known that in the particular case of  $F_Z = \text{const.}$  it is determined by the relation 1/. It may be influenced, however, in a wide range by the operator who decides on the way of oscillation damping during the idling stroke. He decides also on the form in which the kinetic energy imparted to the two masses during the propulsion stroke is used. This energy may be used, for instance for climbing, with  $F_Z > W$ , the operator resting for a while on the trapeze thus braking the return motion of the masses, which prolongs  $t_u$ .

In view of the asymmetry of oscillation a single cycle of which is composed of a short propulsion stroke  $t_p/2$  and a longer idling stroke  $t_u/2$ , the real period is

$$t_r = 0.5 / t_p + t_u / \quad /9/$$

Assuming for the numerical example considered that  $t_u = t_n$ , we find, for instance, that  $0.78 < t_r < 1$ . It may be expected, however, that the practical variability range of  $t_r$  will be wider. A more accurate determination of that range would require more detailed considerations, however.

#### IV. Kinematics of Oscillating-Wing Propulsion

In stationary glide, with no propulsion and no oscillation, the motion of the glider, the operator and the centre of gravity of the system as a whole will proceed along trajectories as shown in Fig. 8a. They are parallel straight lines sloping at  $D/L$ .

If the operator makes the system oscillate, then, if no energy is supplied and if constant angle of incidence and constant vertical aerodynamic force  $F_Z$  are preserved, the motion of the glider and the pilot will proceed along sinusoidal trajectories as represented in Fig. 8b. The